

House of Lords on Tuesday 14th February 2023

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Crime in Mind aims to change lives through research. Most people with mental disorder who commit crimes have had very troubled lives.

Sometimes this sets up a vicious circle of harms.

This much is known. We need solutions.

Registered Charity No. 1155395

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ABOUT CRIME IN MIND



Research can save lives. Per life lost, we invest under 5% of the sum spent on, say, cancer research and yet both are essential to personal and community wellbeing.

Crime in Mind is to raise support for discovering more about how to reduce the likelihood of violence in society, particularly where there are barriers to healthy development or treating contributory mental disorders. It was set up in recognition of complexity in the field, requiring strong working partnerships in both research and practice, and between healthcare and criminal justice practitioners and other pillars of healthy development including educators, social workers and social scientists.

Substantial harm reduction can be achieved with adequate knowledge and skills. We know some routes towards this. We are disseminating what is already known through seminars, given by experts in their fields. As well sharing knowledge these are also invaluable for identifying gaps in that knowledge and exploring realistic ways of narrowing them.

In order to make a difference, we must develop research skills and capacity. While our funds are small, we are focussing on support for trainees or early researchers – seed corn. We have a bigger vision of reestablishing multidisciplinary research teams but, today we need to attract and retain researchers to be ready for that.

We need researchers who can manage complexity. Some early interventions may be deceptively simple, such as emotion recognition training to help people too often casually discarded as having 'callous and unemotional traits'. For the foreseeable future, though, clinicians and criminal justice personal will be asked about how to make safe people who have mental illness *and* personality difficulties *and* substance use problems *and* troubled families *and* many other social disadvantages too. Lord Bradley led the way with his overview of need and potential solutions for people presenting to the criminal justice system with complex problems. Our first larger initiative has been to support an expert consensus view on mental health research priorities along such pathways.



Crime in Mind Event: House of Lords, 14th February 2023

AGENDA

- 11.00 Tea, coffee and biscuits
- 11.15 Welcome and context: Lord Keith Bradley
- 11.25 Introducing Crime in Mind Professor John Gunn, Chairman
 - Rikki Garg, Hon Registrar & Legal Advisor
- 11.45 Presentations of funded research

An expert consensus view on mental health research priorities along the pathways through the criminal justice system: report from a research scoping exercise

Andrew Forrester¹, Louise Robinson², Iain McInnon³, Pamela J Taylor¹

¹. Cardiff University; ². Manchester University; ³. Newcastle University.

12.00 Multiple Homicide Followed by Suicide – a systematic literature review

Alexis Theodorou¹, with Helen Sinclair², Saima Ali¹, Seema Sukhwal³, Christopher Bassett¹ and Heidi Hales¹

¹ West London NHS Trust; ² South London and Maudsley NHS Trust; ³ Barnet Enfield and Haringey NHS Foundation Trust

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- 12.10 Discussion and forward view
- 12.30 Lunch



The successful applicants for the 2023 Seed Corn projects

* Did the wider effects of the Covid-19
Pandemic have an impact on filicide cases in
the England and Wales, and what are
clinicians' impressions of factors which may
have impacted this?

Dr Rachel Proctor, Higher Trainee in Forensic Psychiatry, West London NHS Trust, Broadmoor Hospital, Crowthorne, RG45 7EG

and

Dr Paula Murphy, Consultant Forensic Psychiatrist, East London NHS Foundation Trust, John Howard Centre, 12 Kenworthy Rd, London, E9 5TD

* The impact of violence victimisation: An umbrella review of meta-analyses

Sophia Backhaus, University of Oxford, Department of Social Policy and Intervention, Oxford OX1 2ER, UK

and

Matthias Burghart, University of Konstanz, Universitaetsstrasse 10, 78464 Konstanz, Germany

An expert consensus view on mental health research priorities along the pathways through the criminal justice system: report from a research scoping exercise

Andrew Forrester, Louise Robinson, Iain McKinnon & Pamela J Taylor

An indication of the size of our problem: World Prison Population



Morbidity levels

Fazel S & Seewald K. (2012) Severe mental illness in 33,588 prisoners worldwide: systematic review & meta-regression *BJ Psychiatry* 200 (5): 364-373.

Psychosis: 3.6% M, 3.9% F

Depression: 10.2% M, 14.1% F

Personality disorder 65%

Fazel & Danesh. (2002) Serious mental disorder in 23,000 prisoners: a systematic review of 62 surveys. *The Lancet*, 359(9306): 545-550. • USA − 2.1 M

- China 1.65 M
- Brazil 690 K
- Russian Federation 583 K
- India 420 K
- Missing data, unknown numbers in pretrial detention

Fazel et al. (2008) The prevalence of intellectual disabilities among 12,000 prisoners - A systematic review.

Int. J Law & Psychiatry:
31(4):369-373.

Intellectual disabilities: 0.5-1.5%

Baggio et al. (2018) Prevalence of ADHD in detention settings: a systematic review & metaanalysis. *Frontiers in psychiatry*, 9:331.

ADHD: 26.2%

Baranyi et al. (2018) Prevalence of PTSD in prisoners. *Epid. Reviews*, 40(1): 134-145.

PTSD: 6.2% M, 21.1% F prisoners

Other vulnerable/ marginalised groups

Neurodevelopmental conditions

McCarthy, J., Chaplin, E., Underwood, L., Forrester, A., et al. (2016) Characteristics of prisoners with neurodevelopmental disorders and difficulties. *J Intellectual Disability Research*, 60(3): 201-206.

Cognitive impairment / dementia

Brooke, J et al (2020). The impact of dementia in the prison setting: A systematic review. *Dementia*, 19(5):1509-1531.

Brain injury

Durand, E. et al. (2017). History of traumatic brain injury in prison populations: A systematic review. *Annals of Physical and Rehabilitation Medicine*, 60(2): 95-101.

Foreign national prisoners

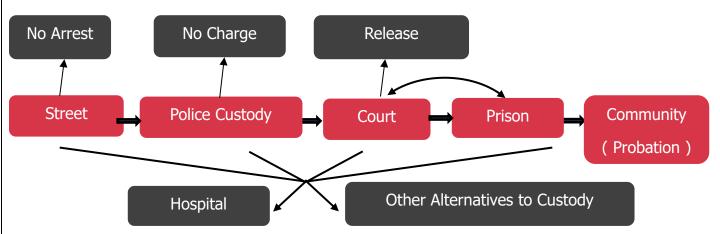
Till, A. et al. (2019) The mental health of foreign national prisoners. J Forensic & Legal Medicine, 62: 14-18.

Indigenous people

Heffernan, E. B. et al. (2012) Prevalence of mental illness among Aboriginal and Torres Strait Islander people in Queensland prisons. Med. J. of Australia, 197(1): 37-41.

There is much less research into community placed offenders but some evidence of similar prevalences among probation clientele

Pathways through the Criminal Justice System



Forrester, A., & Hopkin, G. (2019). Mental health in the criminal justice system: a pathways approach to service and research design. *Criminal Behaviour and Mental Health*, 29(4): 207-217.

Our method of considering research development and integration of research along the pathway

Convened a panel of 30 experts, including those with lived experience of receiving services, asking the questions about the evidence base for health service delivery in or alongside the criminal justice system:

- What are the key new policy initiatives and the research findings relating to each over the last decade?
- What key high-level questions are there at the moment?
- What 'ground-level questions' are there at the moment?
- How closely have research findings been linked to policy and service design to date?
- What are the priority research questions for the next 5 years? For the next ten years?
- What barriers are there to undertaking research and/or implementing its findings in this area?
- What do you think could facilitate this research?
- Is there anything else that should be considered?

The face-to-face consultation day was started with presentations from experts on:

- Mental health and vulnerability in police custody
- Mental health and vulnerability in the courts
- Women in the criminal justice system
- Older adults in the criminal justice system

Four subgroups, each allocated a pathway stage, were asked to discuss the research implications for the area in detail: *police custody, the courts, prisons,* and *returning to the community/points of transition,* before reconvening. They were asked to consider ethnicity as a cross cutting issue. The focus was to be on research need in the UK, but to consider relevant advances worldwide.

Key areas of consensus were:

- Improving information sharing
- Clear human rights focus, including rights to research generation and participation, while mindful of special ethical risks in coerced settings

- Always acknowledge likely special needs according to protected characteristics, including sex, age, ethnic and cultural issues
- In police custody, the most urgent outstanding questions included understanding the prevalence of mental health disorders, effectiveness of police screening procedures and the question whether neurodiversity/neurodevelopmental disorders may have disproportionate relevance at this stage
- Greater understanding of how current models are operating in the Court System, including the role of Problem Solving Courts
- Evaluation of existing alternatives to imprisonment for people with mental disorders, especially those who might otherwise receive short prison sentences, with special focus on community sentences with mental health treatment requirements (MHTRs) and their low use for people needing secondary (specialist) mental health care.
- In prisons, understanding current models of mental health in reach, their successful elements and gaps in these models. This will include evaluation of the complete Offenders with Personality Disorder pathway.
- How can crises, especially self-harm and suicide be reduced among prisoners? And at transition points between prison and community?
- How can substance use service need be better evaluated at each stage of the criminal justice system and specialist service need acknowledged, commissioned and better integrated?

For more information with earlier overviews see *Criminal Behaviour and Mental Health* 2019 V0I 29(4)

https://onlinelibrary.wiley.com/toc/14712857/2019/29/4

Multiple homicides followed by the perpetrator's suicide

Alexis Theodorou^{1,4}, with Helen Sinclair², Saima Ali¹, Seema Sukhwal³, Christopher Bassett¹ and Heidi Hales¹

1 West London NHS Trust; 2 South London and Maudsley NHS Trust; 3 Barnet Enfield and Haringey NHS Foundation Trust; 4 Tavistock & Portman NHS Trust

Such acts devastate communities

– Plymouth 12th August 2021.



Intervention with positive outcomes *at the time* seems unlikely when the perpetrator is reckless about his/her own life or determined to die. Rare in most countries, it is essential to bring information together from around the world to try and understand pathways to such acts and how they might be interrupted.

We conducted an international review of articles in professional journals, major incident reports and national or international overviews, using a systematic, replicable approach, Details of the method can be found at https://www.crd.york.ac.uk/PROSPERO/display_record.php?RecordID=134975

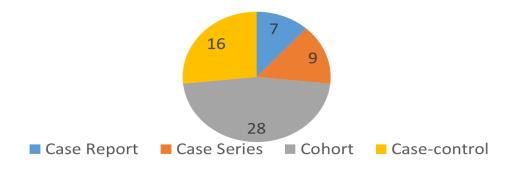
1011 articles were identified from literature databases and 120 from hand-searching for reports.

Just 60 fulfilled both criteria:

2+ homicides followed by suicide attempted or completed within
 24 hours

and

2. containing data on mental state of the perpetrator



Nearly 50% of studies (27) were from the USA; two from the UK; others represented include other European, North Africa, Asia, Australia & New Zealand

Main groups:

Family homicide-suicide is most likely to be studied (49 papers)

Mass shooting (4)

Terrorism (3)

Mixed cases (4)

The main themes for understanding the episode

- ✓ Mental Ill-health No clear pattern; depression most commonly considered and found
- ✓ Substance use common
- √ Loss mainly of social role and/or relationships all groups
- ✓ Physical Ill-health nearly half family cases and all others
- ✓ Perpetrator trauma history minority of family cases, all terrorism

Motives differ by main group:

Altruism – c. 50% Family cases

Revenge – 3 of 4 Mass Shootings; 10 Family cases

Grandiosity – 3 Mass Shootings

Ideology -2/4 mass shootings and all terrorism

Prior evidence of risk?

Of violence (not homicide) in 40/49 family cases

4/4 mass shootings, 1/3 with respect to one terrorist

Limitations?

Few cases are studied – the 27 US papers in context of total mass shootings:

- **❖** 2021 − 690
- ❖ 2022 611 up to 25th November (US Gun Violence Archive)

Generally, data has to be collected post mortem

Prevention from a mental health perspective?



- Do collect research quality data after each event
- ❖ Always consider public health and safety measures
- ❖ Support persistence to engage the difficult to engage − especially those with depression, paranoia, substance use, suicidal ideation



WHO WE ARE

• John Gunn CBE - Chairman

Emeritus Professor of Forensic Psychiatry at the Institute of Psychiatry. King's College London.



• Pamela Taylor CBE - Vice Chair

Pamela is Professor of Forensic Psychiatry in the School of Medicine, Cardiff University.



Janet Parrott

Janet is a consultant forensic psychiatrist with Oxleas NHS Foundation Trust.



Andrew Forrester

Andrew is Professor of Forensic Psychiatry at Cardiff University, Wales, and works as a Consultant Forensic Psychiatrist with Swansea Bay University Health Board and Oxleas NHS Foundation Trust. He is Academic Secretary to the Faculty of Forensic Psychiatry, Royal College of Psychiatrists, and Editor in Chief of the SAGE journal *Medicine, Science and the Law*.



Rikki Garg - Honorary Registrar & Legal Advisor

Rikki has been in practice for over 30 years and specialises in Human Rights encompassing prison, mental health, appeals and community care law. He also takes public law challenges on matters arising from these areas of work. Rikki was a Director and practice manager for a large legal aid practice before becoming a consultant at GT Stewart solicitors & Advocates.



Paula Murphy

Paula is a consultant forensic psychiatrist at St Andrew's, Northampton where she works in the women's service in a medium secure unit. She did her forensic psychiatry training at the Maudsley in London.



• Frank Farnham

Frank is a consultant forensic psychiatrist in the North London Forensic Service. Clinical Director of the National Stalking Clinic and Clinical Director of Turning Stones, a service for assessing risk in sex offenders.



Heidi Hales

Heidi is a consultant adolescent forensic psychiatrist, North West London FCAMHS; she co-leads an international research collaboration on comparing and contrasting secure services for young people who offend.



• Adrian Grounds

Adrian is an honorary research fellow, Institute of Criminology, University of Cambridge. He was previously University Senior Lecturer in Forensic Psychiatry at the Institute of Criminology, and Consultant Forensic Psychiatrist in the Cambridgeshire & Peterborough NHS Foundation Trust.



- Frances McKenzie Honorary Secretary
- Alex Morris Honorary Treasurer
- David Long Administrator



Crime in Mind: Annual Report 2021-2022

Although our work has continued remotely through this year, membership is beginning to grow. Our webinars have been very well attended and we have launched a new newsletter. Research activity *per se* has remained limited in part because of residual COVID restrictions and only slow resumption of face-to-face activities. In this final month of the working year, however, we will be advertising two seed-corn grants, with a short deadline for responding, focussing on people starting in research.

Administration

There have been no changes during the year. The three trustees and directors remain John Gunn, Pamela Taylor and Richard Gunn.

Our administrator, Dave Long does most of the hard work for a small fee.

The executive committee has met approximately once a quarter. All trustees and executive members give their time and expertise with no remuneration from the charity. The membership at 30/09/2022 [and today] is as listed above.

Crime in Mind strategy

Our longer-term goal is to establish and maintain a university-based Institute of Forensic Mental Health Science to develop further the scientific study of medical and psychological aspects of crime and its consequences and promote ever improving evidence-based practice.

Towards this, our aims in the next five years are to support research and education in the forensic mental health sciences by:

- increasing public understanding of the medical aspects of criminal behaviour and its consequences;
- developing research among mental health professionals and criminal justice professionals involved in any aspect of the treatment and/or management of people with mental disorder or atypical neurodevelopment who come into contact with the criminal justice system;
- develop, through professional seminars, training and supervisory support, increasing capacity among mental health and criminal justice professionals for conducting and applying research.

We will fund small, specific research projects as funds permit.

Special Open meeting

The pandemic prevented us from having an inaugural meeting, but we are now able to plan a more public facing event. Lord Keith Bradley, who has already done so much for knowledge, research and practice in this field, through his 2009 independent review and its follow-up, has kindly taken an interest in our work and has offered to host a lunch at the House of Lords this autumn

Research supported

Our funded systematic literature review on *Multiple homicide followed by suicide*, made possible by funds from St James' Place, was conducted by Dr Alexis Theodorou of the West London NHS Trust and completed during this reporting year. It was the focus of a webinar in December 2021, attended by invited experts from around the world: Professor Adam Lankford, University of Alabama, USA; Professor Riittakerttu Kaltalia-Heino, Tampere University, Finland; Dr Sandra Flynn, University of Manchester, UK; Dr Frank Farnham, Clinical Lead for the National Stalking Clinic, UK.

This review, registered with PROSPERO (www.crd.york.ac.uk/PROSPERO), is now being prepared for publication.

Membership

This year we took a significant step towards being a membership society. We hope that professionals in the criminal justice system and in the health service who have an interest in our work will join us by paying a small annual subscription. If enough people are interested this will give us a small but steady income which we hope to build on and will mean that we have a group of people who relate to one another, who are more active in this field and may provide a network of personal expertise and support for research as well as help fund it. Members will have their own website. We hope they will contribute to our newsletter. And they will have free places at our seminars and webinars. Anybody who wishes to join as a member should contact Dave Long at administrator@crimeinmind.co.uk

The initial membership fee has been set at £42 per annum (£40 by direct debit) and at £12 for the unwaged.

Webinars this year

Public access webinars:

- 12th October 2021: Recovery in Forensic Mental Health: Reality and Reach Recovery.

 Professor Lindsay Thomson and colleagues from Edinburgh University and the Forensic Mental Health Managed Care Network in Scotland.
- 22nd February 2022: Mental Health Research in Prisons: Knowledge, Resources and Needs. Rachel Daly, Andrew Forrester, Huw Stone, Tim Kirkpatrick and Pamela Taylor
- 14th July 2022: Research into supporting those with Autistic Spectrum Disorder in the Justice System. Heidi Hales, Alexandra Lewis and Alice Siberry.

Members only webinar

• 7th December 2021: Multiple homicide followed by suicide. Alexei Theodorou, Heidi Hales, Adam Lankford, Riittakerttu Kaltalia-Heino, Sandra Flynn, Frank Farnham.

Fundraising and volunteering

Fundraising remains our most urgent and difficult priority. Our activities will be limited until we have a steady flow of income. This objective is closely followed by our need to secure more involvement from younger academics, trainees and undergraduates across all relevant disciplines. We are especially grateful this year to Faizaan Ahmad, a trainee, who was guest co-editor for the latest edition of the newsletter. Everyone who has contributed to our webinars has generously given their time freely. We are so grateful to them. Nevertheless, our limited finances remain in positive balance – please see the annual accounts.

Promoting the work of Crime in Mind

Our website has been upgraded by Dave Long and we urge all who are interested in our work to view it and make suggestions for improvements and inclusions. www.crimeinmind.co.uk

Our newsletter has been relaunched in a new format. This is available on our website. Paula Murphy, as senior editor, welcomes contributions from all who are interested in research into the health of mentally disordered offenders. Crime in Mind Vol 2 - Jan 2022

Our Blog is run on the website by Dave Long and includes information about forthcoming events.

Our Twitter feed is run by Andrew Forrester, tweeting about new publications of interest, or areas where we desperately need research.

A forward look

We hope to resume our presence at conferences both national and international, as these are resumed, to stress the need for a coherent research strategy for forensic mental health in relation to the criminal justice system and for commensurate funding. Research is not only important in its own right but is also essential to recruiting and retaining scientists and clinicians of high calibre across all our services.

We are keen to collaborate with other organisations that share our aims. We are already working closely with the *Faculty of Forensic Psychiatry of the Royal College of Psychiatrists*. *The Parole Board* has expressed an interest to join our charity as a group member, as has the *Association of Prison Lawyers*. We are in discussions with other organisations too about the logistics of such arrangements which we wish to encourage for the benefit of the field.

John Gunn Chairman

Pamela Taylor Vice-chairman

October 2022





Recordings of past and future events are available for Crime in Mind members.



CONSEQUENCES AND NEEDS AFTER MISCARRIAGES OF JUSTICE

This seminar focussed on adverse effects of imprisonment from several perspectives. Sophie Ellis provided an update on the problems of IPP sentences and prospects for reform following the Report of the House of Commons Justice Committee on 28 September 2022.

Contributions from Michael O'Brien, John Kamara and Adrian Grounds which considered the psychological and social consequences of miscarriages of justice; and Shona Minson considered the effects of imprisonment on families. Issues needing or further research were highlighted.

- **IPP sentences: problems and prospects** <u>Sophie Ellis</u> PhD student, Institute of Criminology, University of Cambridge
- Experiencing wrongful conviction and imprisonment Michael O'Brien (London) and John Kamara (Surrey)
- Psychiatric consequences of wrongful conviction and imprisonment <u>Dr</u>
 <u>Adrian Grounds</u> Honorary Research Fellow, Institute of Criminology, University of Cambridge
- **Family consequences of imprisonment** <u>Dr Shona Minson</u> British Academy Post-doctoral Research Fellow, Centre for Criminology, University of Oxford.



RESEARCH INTO SUPPORTING THOSE WITH ASD IN THE JUSTICE SYSTEM

This webinar considered the needs of people with ASD in the justice system and what further research is needed to inform care in this area.

Speakers included Dr Alexandra Lewis, consultant psychiatrist in adolescent and forensic psychiatry, with expertise on planning care those with neurodevelopmental needs in the justice system, and Alice Silberry, a Specialist Neurodiversity Criminal Justice Consultant, who will present her work on 'Diversity, Difference and Disorder: Exploring neurodiversity in police-community partnerships'.

The speakers:

- **Dr. Heidi Hales** What is the prevalence of ASD in young people in contact with youth justice services?
- **Dr. Alice Siberry** Diversity, Difference or Disorder: Exploring neurodiversity in police community partnerships.
- **Dr. Alexandra Lewis** Research on Risk assessment and care in secure settings for those with ASD.



MENTAL HEALTH RESEARCH IN PRISONS: KNOWLEDGE, RESOURCES AND NEEDS

High rates of mental health problems among prisoners are recognised worldwide, with prevalence figures for major mental disorders and some related behaviours, such as self-harm and suicide, well researched.

There is also some evidence on how mental state may change in prison over time. This is one of the reasons for the importance of pathways research in prisons.

Gold standard trials of interventions for some more prisoner-specific problems have been established as feasible and provide some indicators of where progress may be possible.

In addition to traditional research, invaluable data are collected by various bodies including independent inspectorates and quality assurance networks.

This seminar sets out some aspects of success in these areas and explore where major gaps remain.

Programme:

Mental Health Research in Prisons: Drawing a baseline. Pamela J Taylor, Cardiff University

The Quality Network for Prison Mental Health Services and Research Support. Huw Stone, Royal College of Psychiatrists' College Centre for Quality Improvement [CCQI]

Pathways through prison for offenders with mental disorder, with special reference to the Offender Personality Disorder Pathway, Andrew Forrester, Cardiff University.



A SYSTEMATIC REVIEW OF LITERATURE ON MULTIPLE HOMICIDE FOLLOWED BY SUICIDE

Dr. Alexis Theodorou presented his systematic review of literature on multiple homicide followed by suicide.

Alexis was joined by four expert responders:

- **Professor Adam Lankford**, Professor of Criminology and Criminal Justice, University of Alabama, USA.
- **Professor Riittakerttu Kaltalia-Heino**, Professor of Adolescent Psychiatry, Tampere University, Faculty of Medicine and Health Technology, Finland.
- **Dr.Sandra Flynn**, Division of Psychology and Mental Health, Manchester University, UK.
- **Dr.Frank Farnham**, Forensic psychiatrist and clinical lead for the *National Stalking Clinic*, the *Counter Terrorism Vulnerability Hub* and the *Fixated Threat Assessment Centre*, *UK*.



RECOVERY IN FORENSIC MENTAL HEALTH: REALITY AND REACH

Recovery is an ongoing process of change through which individuals improve their health and well-being, optimise control of their lives and reach their full potential.

The speakers presented on current research themes in recovery which can inform both public policy and individual care.

- Exploration of recovery among patients experiencing high secure care Cheryl Rees, Research Fellow, University of Edinburgh
- Exploration of morbidity, suicide and all-cause mortality in a Scottish forensic cohort over 20 years: the case to improve recovery Professor Lindsay Thomson, University of Edinburgh
- Use of psychological interventions to assist recovery
 Dr Lindsey Gilling McIntosh, Research Fellow, University of Edinburgh



MENTAL HEALTH ISSUES AND PAROLE BOARDS

The high level of mental health problems among prisoners has been widely acknowledged and can present significant challenges for those tasked with making decisions about discretionary release. However the relationship between mental health and parole remains relatively unexplored.

This seminar draws upon research that has explored aspects of this relationship from the perspectives of those involved in or affected by the parole process including professionals, family members and prisoners themselves.

- <u>Professor Pamela Taylor</u> (Crime In Mind & Professor of Forensic Psychiatry, Cardiff University)
- Professor Gill McIvor (Emeritus Professor of Criminology at the University of Stirling)
- Panel One: Parole Board perspectives Chaired by Gill McIvor
 - o **Dr John O'Grady** (English/Welsh Parole Board)
 - o **Dr Karen Richard** and **Dr Lynn Kelly** (Scottish Parole Board)
- **Panel Two: Wider perspectives** Chaired by <u>Professor Nicola Padfield</u> (*Professor of Criminal and Penal Justice, University of Cambridge*)
- Dr Mia Harris (<u>Prison Reform Trust</u>)
 - <u>Dr Harry Annison</u> (Associate Professor in Criminal Law and Criminology at Southampton Law School)
 - and <u>Dr Christina Straub</u> (Qualitative researcher in the fields of prison research, ethnography and cultural anthropology, Durham University)